

ARE YOU READY FOR AN EMERGENCY?



Promise to Prepare Today!

Help Us Reach 32,000 Promises in 2010

More than 90% of Orange County residents are aware that emergency preparedness is important. Yet over 93% have made little or no preparations! What about you? Are you ready?

Help Reach 32,000 Promises in 2010

The ReadyOC emergency preparedness campaign is challenging individuals who live, work or go to school in Orange County to Promise to Prepare in 2010. If 32,000 people make that promise, that means 1% of the region's total population has taken action to be prepared. It's a start – but also underscores the urgent need for more OCers to take preparedness action now.

Make Your Promise...and Win!

You can take the first step today by making a promise to get an emergency kit, make a plan or volunteer. Just go to **ReadyOC.org**, click on **Promise to Prepare** and follow the prompts. It's fast, easy and you can see your promise being counted in real time...right on the site! And when you promise, you can enter for a chance to win a prize.

Let ReadyOC.org Help You Fulfill Your Promise

Emergency preparedness resources and tools are available at ReadyOC.org to help you fulfill your promise. The site also provides you with the latest information, insights and events on OC disaster preparedness activities as well as real-time emergency news.

Promise Today!

We know the next emergency is coming. We just don't know when or what kind it will be. So make your promise to prepare today!



Get a Kit • Make a Plan • Volunteer



HANDY CHECKLISTS TO HELP YOU FULFILL YOUR PROMISE TO PREPARE

Basic Emergency Kit

Since you may need to survive on your own after a disaster, you'll need food, water and other supplies to last for at least 3 days. Below is a checklist for basic emergency kit items. For a more detailed emergency kit list, go to ReadyOC.org.

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Maps for Orange, Los Angeles and San Diego counties
- Cell phone with chargers

Emergency Plans

You should make plans in advance to manage any emergency situation, whether you are at home, work or school. The following emergency plan templates are available for **free download through ReadyOC.org**:

- Family emergency plan
- Pet emergency plan
- Senior emergency plan
- Business emergency plan
- Evacuation plan
- Shelter-in-place plan

Volunteer

Orange County has one of the highest disaster rates in the country, so it is especially important for each of us to join together to protect our families, friends and neighbors in case of emergency. You can volunteer or get connected through the following local OC disaster preparedness programs. Go to readyoc.org to learn more.

- AlertOC, the county's regional emergency mass notification system
- Volunteer Groups, such as Citizen Corps, Community Emergency Response Teams (CERTs) and Neighborhood Watch
- Online Training, available through FEMA and Homeland Security